

Turning words into action

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Beginning with the words

Where are we now with national action

2015



**National
Diabetes
Strategy
Advisory
Group
advice to
Government**

2015



**Australian
National
Diabetes
Strategy**

**Prepared by
Government**

2017



**Focus on
the Future**

**Jurisdiction
Implementa
tion Plan
Prepared by
Government**

2018

**National
Diabetes
Forum**

Oct 15 2018

Focus on the Future Implementation Plan

The plan is for Australian and state and territory governments.

Actions agreed by all jurisdictions as activities that can be developed, expanded or modified to improve diabetes prevention and care.

The plan is **All about government and the environment.**

Governments will use the plan to inform their prioritisation of effort.

Action will vary in each jurisdiction depending on available resources, current programs and local needs.

Focus on the Future Implementation Plan - Words

National priority action required	Responsible entity	Time frame* Short/ Medium/ Long
1.1 Develop an Australian Government endorsed set of diabetes guidelines for prevention, early detection, management and care of diabetes and related complications and encourage adoption of their use through dissemination and implementation plans. Relates to Goal 2.	Australian Government	Short
1.2 Develop and implement national food, nutrition and physical activity plans.	AHMAC	Medium
1.3 Increase the adoption of healthy lifestyles, particularly for: <ul style="list-style-type: none"> - Children and adolescents who are at risk of developing type 2 diabetes. - Women of reproductive age who are at risk of gestational diabetes. 	States and territories	Medium
1.4 Continue to implement community awareness and health literacy programs to enhance healthy eating, increase physical activity and improve knowledge of diabetes risk factors. Relates to Goals 4, 5 and 6.	Australian Government, states and territories	Short
1.5 Support and develop a suite of social marketing campaigns, including social media, to positively change individual behaviour and social norms.	Australian Government, states and territories	Short
1.6 Limit the impact of unhealthy food and drinks on children.	AHMAC	Medium
1.7 Identify opportunities for the food regulation system to support obesity prevention objectives, including by reviewing fast food labelling schemes.	Food Regulation Standing Committee	Medium

Focus on the Future Implementation Plan – Words Indicators

Goal 2: Promote awareness and earlier detection of type 1 and type 2 diabetes

Four potential indicators have been identified to measure the progress of Goal 2. Where no indicators are identified, refer to Goal 7.

Potential indicators mapped against potential measures of progress in the Australian National Diabetes Strategy 2016–2020	Framework/ report	Data source
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Goal 7: Strengthen prevention and care through research, evidence and data

No potential indicators have been identified for the potential measures of progress outlined in the Strategy for Goal 7. It should be noted that the potential measures of progress may be best served by the use of qualitative reporting rather than quantitative measures. These may be considered as part of the annual diabetes forum.

Uptake of the Practice Incentives Program (PIP) diabetes incentive*	ROGS	AG DoH
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* Indicator is routinely (or proposed to be) reported through existing indicator reporting activities or frameworks.

Focus on the Future Implementation Plan Indicators – AIHW Report

The screenshot shows the top portion of the Australian Institute of Health and Welfare (AIHW) website. The header is green and white, featuring the Australian Government logo and the AIHW name. A search bar is located in the top right. Below the header is a dark grey navigation bar with menu items: Home, Reports & statistics, Our services, About our data, News & media, and About us. The breadcrumb trail reads: Home > Reports & statistics > Diabetes > Diabetes indicators for the Australian National Diabetes Strategy 2016-2020. To the right of the breadcrumb is a 'SHARE' button with icons for Facebook, Twitter, Google+, Email, and Print. A vertical 'FEEDBACK' button is on the far right. The main content area has a light grey background with the title 'Diabetes indicators for the Australian National Diabetes Strategy 2016-2020' in large, bold, dark grey text. Below the title is a green circular icon with a document symbol, followed by the text 'Web report | Last updated: 10 Oct 2018 | Author: AIHW'.

Australian Government
Australian Institute of Health and Welfare

AIHW

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Home > Reports & statistics > Diabetes > Diabetes indicators for the Australian National Diabetes Strategy 2016-2020

SHARE     

Diabetes indicators for the Australian National Diabetes Strategy 2016-2020

 Web report | Last updated: 10 Oct 2018 | Author: AIHW

FEEDBACK

Reducing the Diabetes Burden

We know what to do

Prevention

People
without Diabetes

Strong
evidence

Lower
Risk



High
Risk



Lifestyle modification

Medications

Bariatric Surgery

Early Detection

Undiagnosed
Diabetes

Important for
early care
and
prevention
programs

Improved Care

Diagnosed
Diabetes

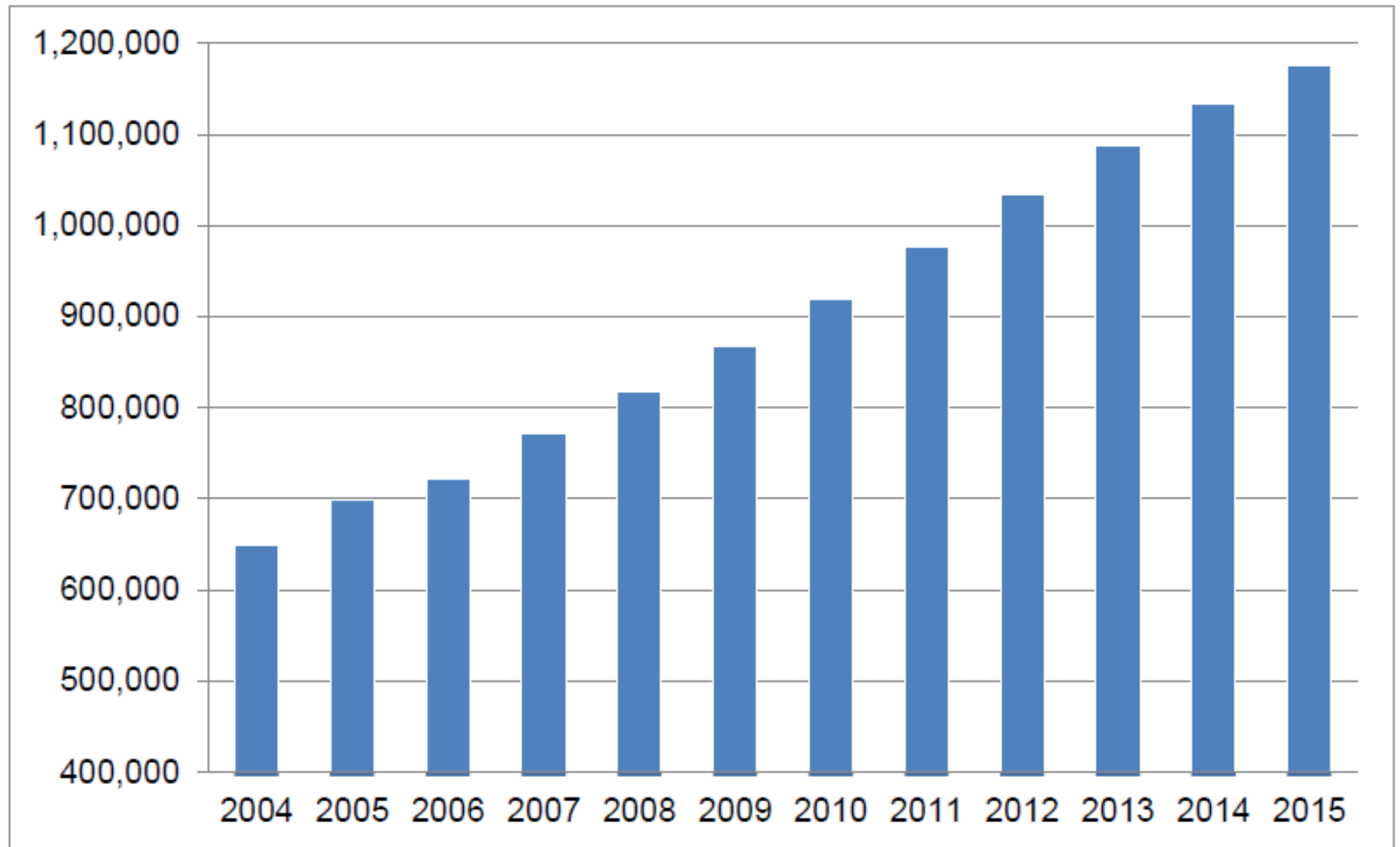
Strong
evidence

RCTs
CVOT

Macrovascular

Microvascular

FIGURE 2. The number of people registered with the NDSS, 2004–2015¹⁶



Burden of Diabetes in Australia

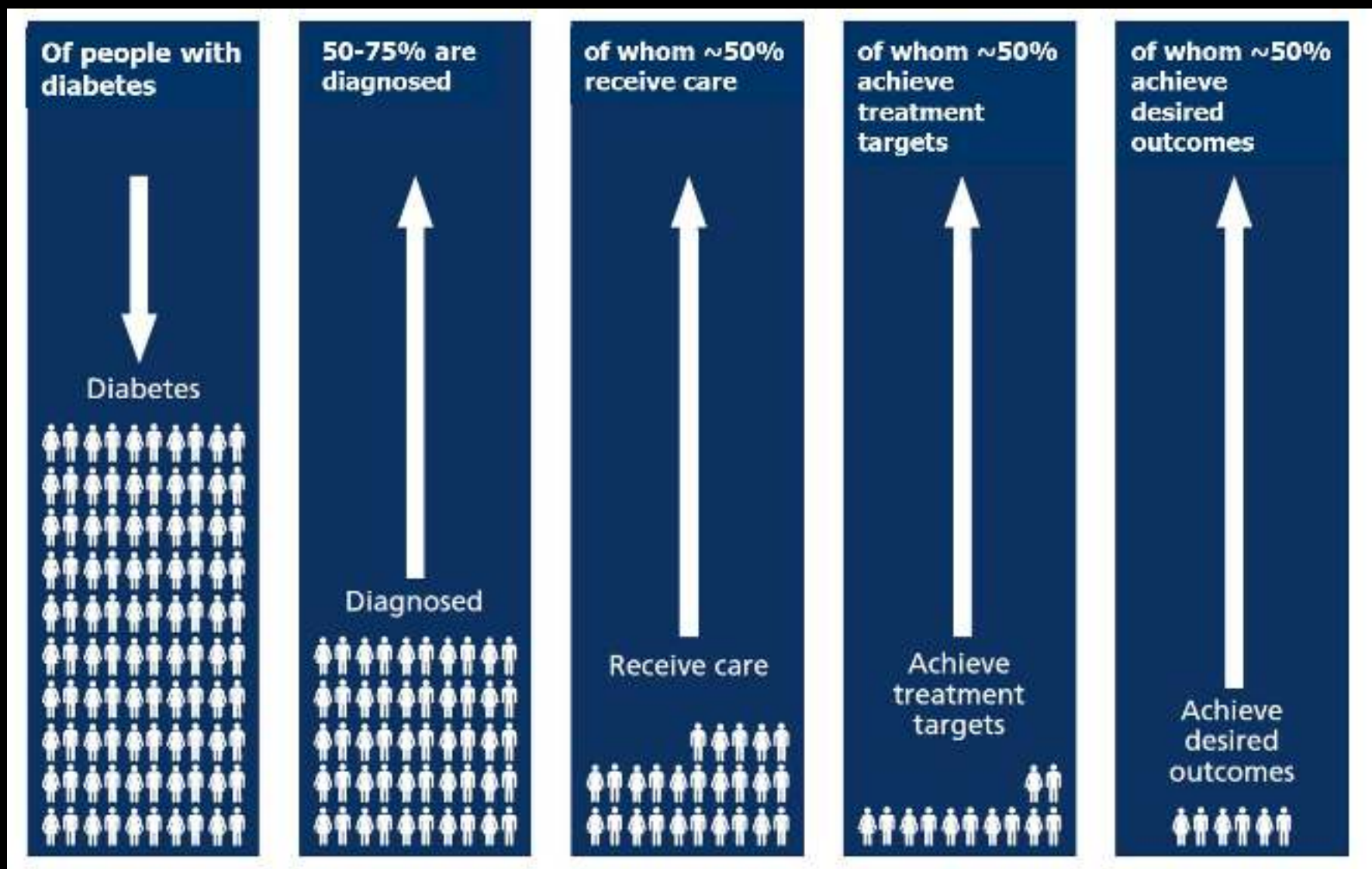


BURDEN OF DIABETES IN AUSTRALIA: IT'S TIME FOR MORE ACTION

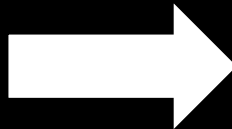
Preliminary Report

July 2018

Burden of Diabetes in Australia



Turning words into action



In relation to diabetes

Knowing is not enough,

We must APPLY.

Willing is not enough,

We must DO.

- Bruce Lee

We must implement!

Where are we now with implementation

**Health
professionals**



**Researchers and
academics**

**Need to engage the diabetes community
and develop our own response to the NDS**

Industry

**Non-government
funders**

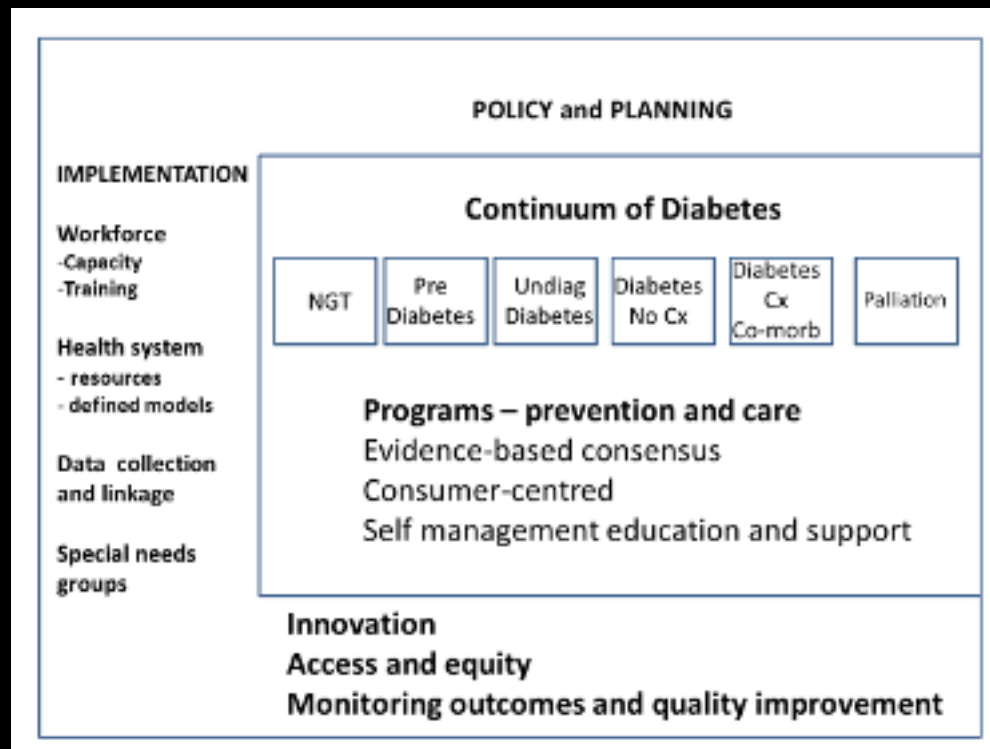
**Primary health
networks**

Action 1

- 1. Hold a National Diabetes Implementation Summit to develop a diabetes community implementation plan of prioritized activities**

Agree an implementation framework

Implementation Framework



Determine a few priority areas using a set of pre-defined criteria.

Establish working groups to develop these in more detail.

Identify champions to take this forward.

Action 2

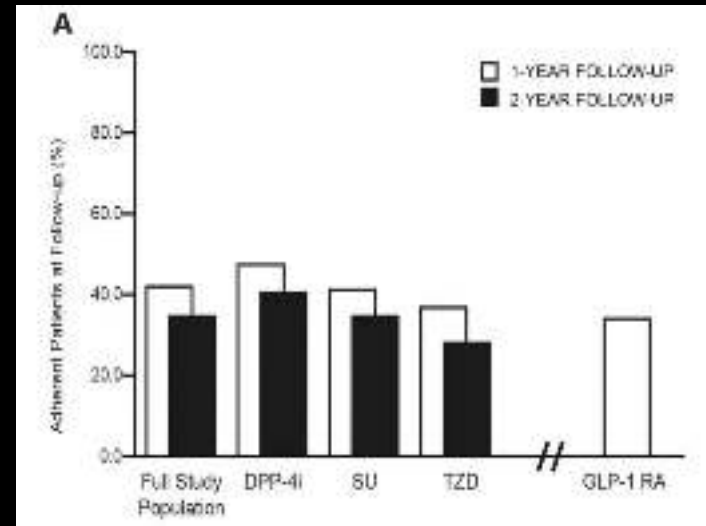
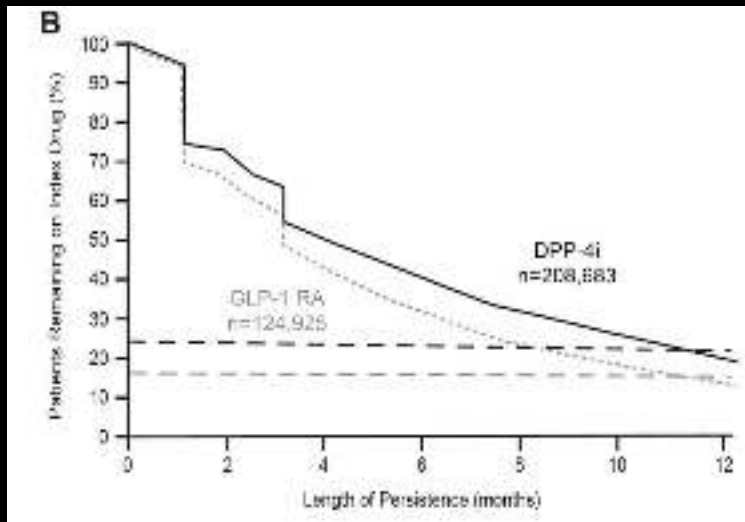
**2a. Establish a co-ordinating and overseeing group
eg a national diabetes commission**

2b. Appoint a national diabetes strategy co-ordinator

Action 3

3. Develop a national prioritized and balanced research agenda covering the spectrum of diabetes prevention and care

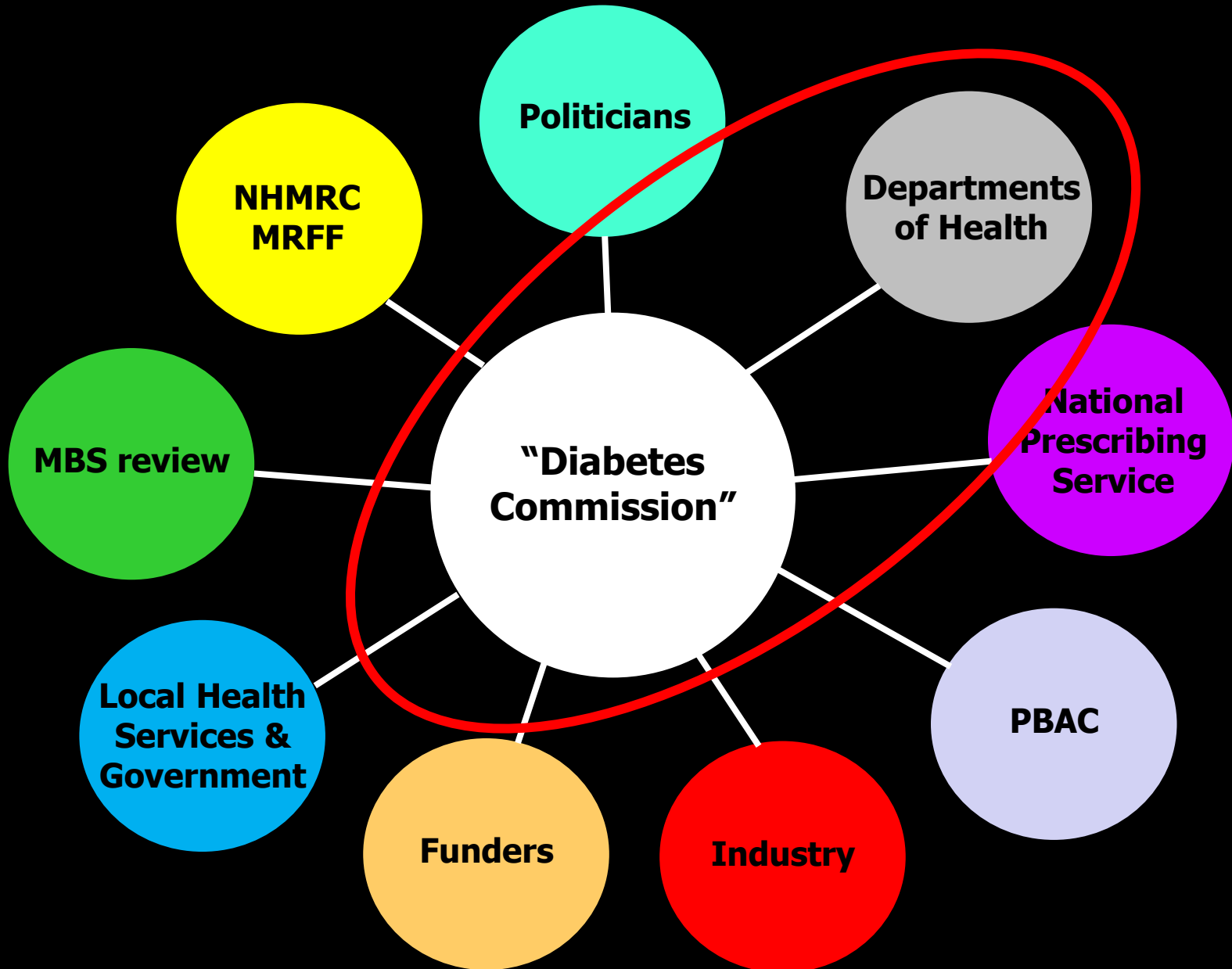
Medication Non-Adherence



Action 4

4. Develop a communication and engagement strategy

Engagement and Communication



Engagement and Communication



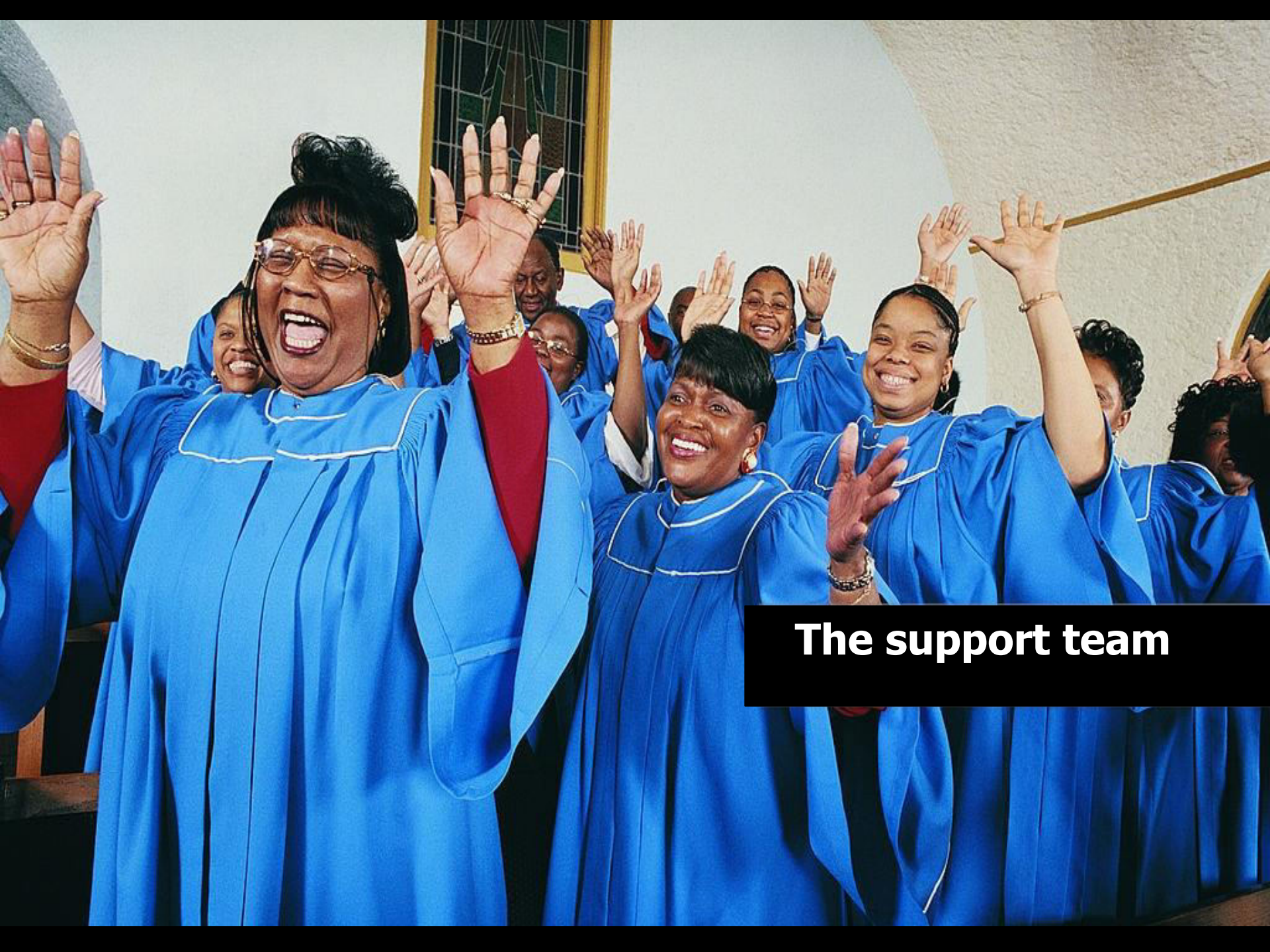
Lobby your local MP for improved diabetes services

^ Details

At the annual meeting in Sydney in 2015, former MP, Judi Moylan, suggested that to enact change and funding for diabetes services in our local areas, we needed to lobby our local members of parliament. Judi stated that in her former role, she appreciated hearing about the issues that affected her local area and was keen to assist where she could. She believes we can all facilitate local and national improvements in diabetes care by writing to our local MP's and highlighting the diabetes issues in our area.

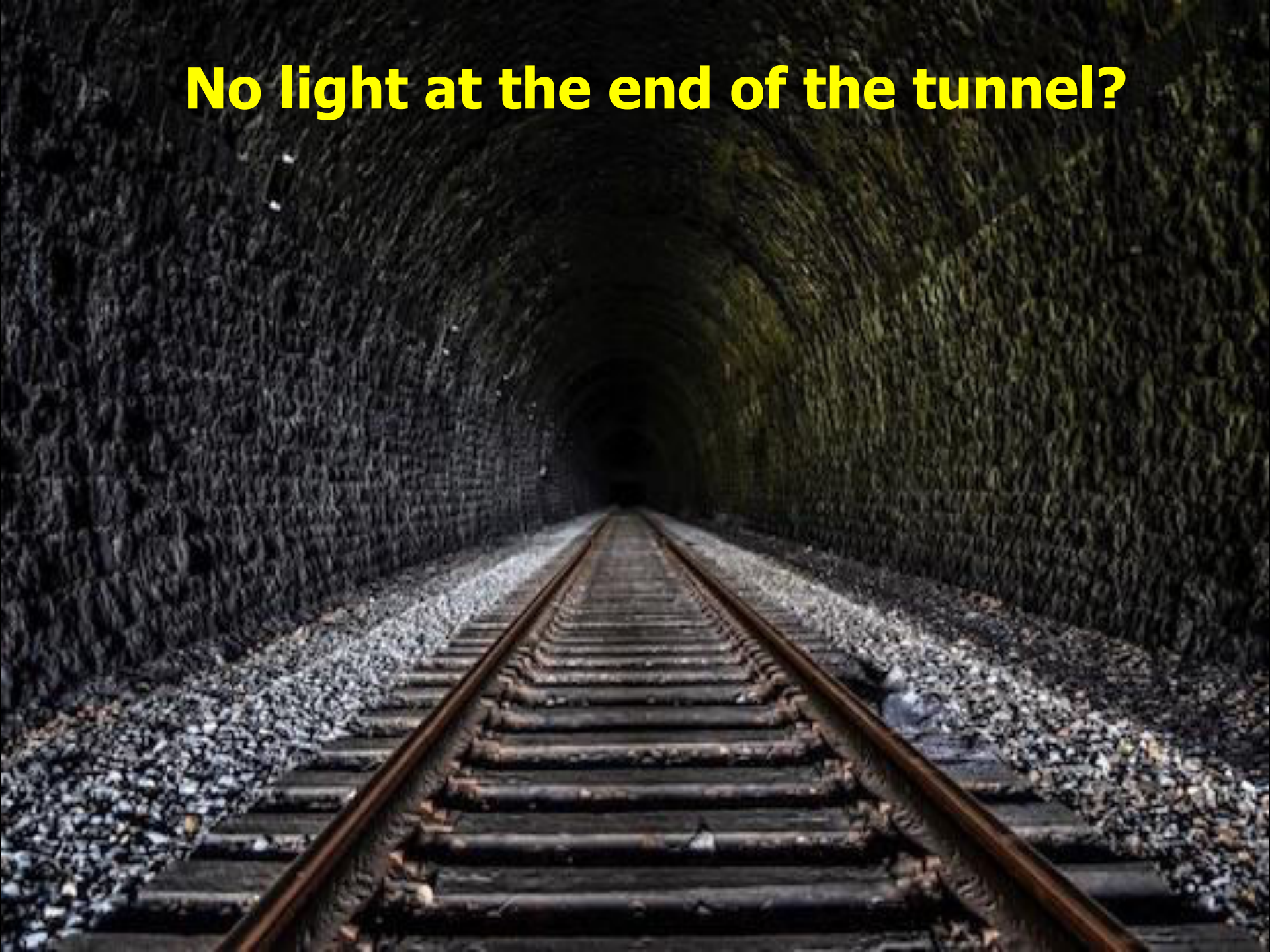
To support our member organisations to lobby for diabetes support, we have provided a [letter template](#) that can be completed and sent to your local MP. An [instruction guide](#) has also been provided that will step you through the process.

We encourage you to utilise these resources and please let us know how you progress.



The support team

No light at the end of the tunnel?



March right up there and turn the bloody thing on!

