

Corticosteroid & Hyperglycaemia Prescribing Guideline

This is a guide and does not substitute for clinical judgement – consider each individual patient situation

Aim: To minimise glucocorticoid exacerbated hyperglycaemia.

Why: Glucocorticoids increase insulin resistance and glucose production and impair β cell function.

Effects vary depending on the pharmacodynamics of the preparation prescribed.

Click link for approximate relative potency and half-lives of glucocorticoids

Management:

