

NDSS Resource for Aboriginal and Torres Strait Islander People with Diabetes

20 October 2017

Australasian Diabetes Advancements
and Technologies Summit (ADATS) 2017

In Aboriginal and Torres Strait Islander communities

	NDSS Registrants (March 2017)	Australian Population (2011, Census)
Total	1,256,484	21,507,717
No. Aboriginal and Torres Strait Islander	32,629	548,369
% Aboriginal and Torres Strait Islander	2.5%	2.5%



The diabetes story



What is diabetes?



Managing diabetes



Fighting Diabetes



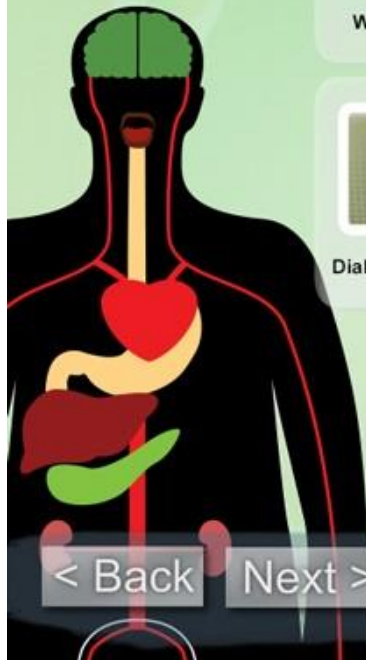
Diabetes in pregnancy



Personal stories



Where to get help



ndss  **diabetes
australia**
national diabetes services scheme

The National Diabetes Services Scheme is an initiative of the Australian Government administered by Diabetes Australia.

< Back

Next >

Replay





How can I manage it?



Healthy Eating



Physical Activity



Medication



Hypos



Diabetes Checks



My feet and
Diabetes



MEM

mmol/L

5.0

320 12:23

< Back

Next >

Replay

+

-



How can I prevent it?



Things that mean I could get diabetes.



How do I know if I have diabetes?



Pre Diabetes



Staying Healthy

< Back

Next >

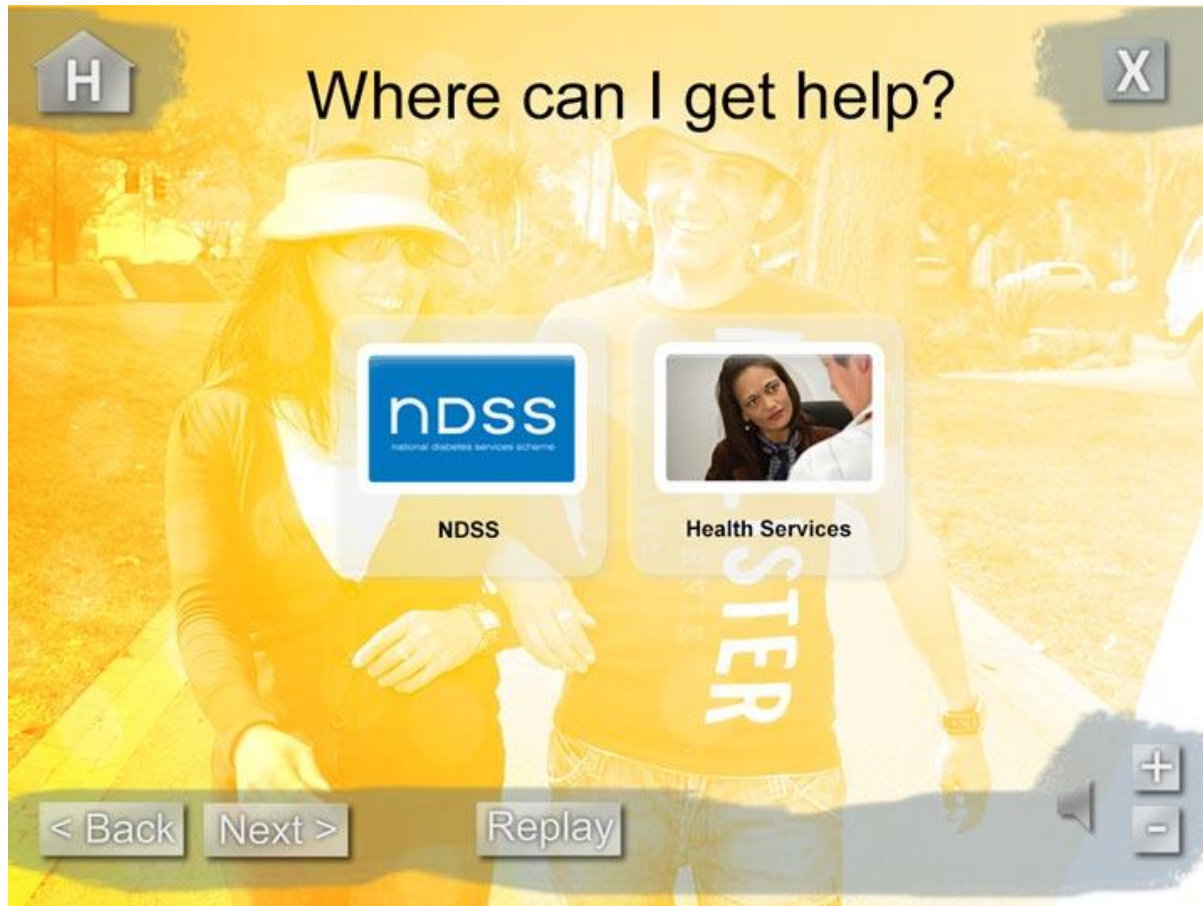
Replay



The screenshot shows a mobile application interface with a purple background featuring a pattern of light purple circles. At the top left is a home icon with the letter 'H'. At the top right is a close icon with the letter 'X'. The main title 'Diabetes & Pregnancy' is centered at the top. Below the title are two video thumbnails: the first shows a woman in a white lab coat and is labeled 'Gestational Diabetes'; the second shows a pregnant woman in a black top and is labeled 'Diabetes & Pregnancy'. On the right side of the screen is a large image of a smiling pregnant woman in a black top. At the bottom, there are navigation buttons: '< Back', 'Next >', and 'Replay'. On the bottom right, there are volume control icons: a speaker icon, a plus sign '+', and a minus sign '-'.

H

Diabetes & Pregnancy X Gestational Diabetes Diabetes & Pregnancy < Back Next > Replay + -



The Hitnet Community Hub

- with optional Wi-Fi hotspot



Local community content uploaded to Hubs via Hitnet App



Health Worker mediation with community



Community people interact with culturally appropriate content. Topics include:

- Diabetes
- Sexual Health
- Mental Health
- Consumer Rights
- Kids' Ear Health



Existing health and social videos

adapted and uploaded to the Hub



Interactive surveys

getting peoples' voices heard



Apps & content

downloaded to personal mobile devices



Community based productions create knowledge, jobs and training







Useage Data

10

The most accessed module is “what is diabetes” and “Albert’s Story”

ndss
national diabetes services scheme



**Diabetes
Australia**

GOT DIABETES?

Check out the
The Diabetes Story App

Learn how to manage
your diet, exercise
and medicines!



www.diabetesstory.info





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THANK YOU