

Home Medicines Review



Jia Min Liao
Accredited Pharmacist/
Credentialled Diabetes Educator

Speaker Disclosure

- I am an accredited pharmacist -
Optimal Health HMR Medication Management
Services

What is a HMR?

“A Home Medicines Review (HMR) is a comprehensive clinical review of a patient’s medicines in their home by an accredited pharmacist on referral from the patient’s general practitioner (GP).”

- The 6th CPA

HMR Process

A HMR Service consists of a

- ✓ patient interview
- ✓ clinical assessment
- ✓ HMR report to the referring GP
- ✓ HMR report to the Patient's usual Community Pharmacy

HMR likely to benefit...

- Those taking multiple medicines
- Those with multiple prescribers
- Those prescribed a new medicine
- Those who have had recent hospitalization
- Those taking high-risk medicines

Pharmacist Intervention

i) Clinical Intervention

- Additional drug therapy
- De-prescribing
- Drug substitution
- Dosage adjustment
- Drug interaction analysis
- Adverse drug reaction
- Vaccination Status

Pharmacist Intervention

ii) Lifestyle modification

- Advice on healthy eating habits
- Advice on weight management
- Advice on stress management
- Advice on being physically active

Pharmacist Intervention

iii) Others

- Smoking cessation
- Storage of medicines (insulin/ eye drops)
- Injection technique
- Sick day management plan
- Dose administration aids

HOME MEDICINES REVIEW



FOR MORE INFORMATION ABOUT
HOME MEDICINES REVIEW

ASK YOUR GP, PHARMACIST OR CALL
THE PHARMACEUTICAL BENEFITS SCHEME (PBS)
INFORMATION LINE ON FREECALL
1800 020 613

If a Home Medicines Review is not suitable for you,
other in-pharmacy services are available that may help
you manage your medicines.
Ask your pharmacist



Australian Government
Department of Health



The Pharmacy
Guild of Australia

The Home Medicines Review Program is funded by the Australian Government Department of Health
as part of the 5th Community Pharmacy Agreement. September 2013

HOME MEDICINES REVIEW

a way to help you manage your medicines at home

Further information

Medication management reviews

http://www.health.gov.au/internet/main/publishing.nsf/Content/medication_management_reviews.htm

Home Medicines Review

<https://www.healthdirect.gov.au/home-medicines-review>