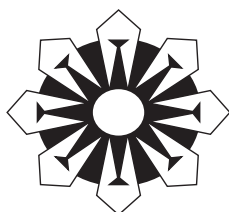




BEST PRACTICE IN
DIABETES CENTRES
SYMPOSIUM 2014

Sheraton on the Park, Sydney
October 25th & 26th 2014



NATIONAL
ASSOCIATION
OF DIABETES
CENTRES

AstraZeneca 
Diabetes

WELCOME



I am very pleased that the NADC is convening a Best Practices Diabetes Centres (BPDC) meeting this year in Sydney on October 25th and 26th 2014.

As chair of the NADC and on behalf of the steering committee, I am honoured to have your participation in this important initiative, joining a highly select group of invitees all of whom have expertise and interest in best practice of diabetes care.

This is an exciting time for NADC as we move forward in a consolidated manner in our quest to provide the highest possible standards of care. We see BPDC as an appropriate vehicle to achieve this goal.

The BPDC meeting program includes topical plenary session presentations followed by focused discussion within breakout groups. The groups will then report back to the entire audience for consensus building and the development of guidelines/position statements.

The areas for discussion include:

1. Sustainable models, staffing and up-skilling with limited resources;
2. Diabetes health indicators, data collection and benchmarking;
3. Innovation in clinical delivery, pathways, policies & procedures;
4. Linking NADC centres with others services to promote & facilitate best practice in diabetes care; and
5. NADC inclusion, integration and support of smaller diabetes centres and GP clinics.

I hope you will value being part of BPDC meeting 2014 as we work towards improving the care and outcomes of people with diabetes.

The NADC acknowledges the generous support of AstraZeneca, whose independent educational grant has allowed this meeting to be convened.

Finally, I would like to thank the BPDC steering committee, for their tireless endeavours to produce an excellent meeting, and most of all you, for your ongoing commitment to NADC and passion for improving diabetes services across the country.

Sophia Zoungas

MBBS (Hon) PhD FRACP



SATURDAY 25th October 2014

11.00am

Welcome by NADC Chair: **Sophia Zoungas**

Address by ADS President: **Sof Andrikopoulos**

TOPIC 1 Sustaining and diversifying diabetes services 11.15–1.15pm

Chair: **Jenny Gunton**

Presentations	Centre	Speakers
Health Services and Health Professional development	Northern Health - Victoria	Michelle Robins
Indigenous Health	Cairns	Ashim Sinha
Telehealth	Princess Alexandra - QLD	Tony Russell

1.15–2.00pm

Lunch

WORKSHOP 1 2.00–4.00pm

TOPIC 2 Diabetes Health Indicators, data collection and benchmarking - what do we need and want?

Chair: **Sophia Zoungas** (15 mins), **Jeff Flack** (15 mins)

Facilitators: **Jeff Flack, Peter Colman, Michelle Robins, Liz Oberstellar**

Key Questions for Discussion

What health indicators should we collect?

How often should we collect them?

How do we use these indicators to effect change?

Summary / Outcome Recommendations

4.00–4.20pm

Afternoon tea

Discussion /Debate: NADC inclusion, integration and support of smaller diabetes centres and GP clinics 4.20–5.20pm

Chair: **Sof Andrikopoulos**

Panel: **Gary Deed, Wah Cheung, Victoria Stevenson & Gloria Kilmartin**

7.00pm

Dinner

CHAIRS

Jenny Gunton

Prof Jenny Gunton is Chair of Medicine, University of Sydney, Westmead and Head of the Centre for Diabetes, Obesity and Endocrinology at the new Westmead Millennium Institute.

Jenny is the immediate past-president of the Australian Diabetes Society.

Sophia Zoungas

Prof Sophia Zoungas' current primary appointment is as Head, Diabetes and Vascular Disease Research Program, School of Public Health and Preventive Medicine, Monash University. In this capacity she directs/ supports projects on diabetes, cardiovascular health, kidney health and health care delivery, and advises on clinical epidemiological methods and trial design/conduct/reporting.

A/Prof Zoungas is a senior staff specialist in Endocrinology/Diabetes at Monash Medical Centre and Dandenong Hospital, Monash Health, Victoria, where she provides consultative services within an inpatient and outpatient setting.

A/Prof Zoungas is also the National Leader of the Australian National Diabetes Audit which is funded by the Australian Government Department of Health.

Sof Andrikopoulos

Sof Andrikopoulos is a NHMRC Senior Research Fellow and Associate Professor of Medicine at the University of Melbourne Department of Medicine – Austin Hospital.

Sof is Head of the Islet Biology and Metabolism Research Group with a focus on understanding the genetic and biochemical mechanisms of islet beta cell dysfunction and death in type 2 diabetes and has received numerous awards including the Diabetes Australia Research Trust Millennium Award and the NHMRC Award in Research Excellence. A/Prof Andrikopoulos is President of the Australian Diabetes Society.

Michelle Robins

Michelle Robins has been working as a Credentialed Diabetes Educator for 22 years in services that have included tertiary hospitals and community health both in Victoria and Queensland.

Michelle has worked on 40 diabetes-related committees and working parties, presented at national and international conferences, more than 100 workshops and seminars and contributed chapters to several books. Michelle is currently employed as the Nurse Practitioner Diabetes at Northern Health and is member of the Deakin University Conjoint Academic staff.

NOTES:

Ashim Sinha

Associate Professor Ashim K Sinha, MBBS, MD, FRACP, FACE is currently the Director of Diabetes and Endocrinology and Senior Eminent Staff Specialist Physician, Cairns Hospital in North Queensland, Australia.

Ashim holds a conjoint academic appointment as Clinical Associate Professor in Medicine with James Cook University, Cairns. In 2012 he was awarded the Royal Australasian College of Physician Medal for outstanding clinical services to rural and remote area. His major interest is in Indigenous Health. The Cairns Diabetes Centre is a full member of the NADC. This Centre provides diabetes care to rural communities in Far North Queensland.

NOTES:

Tony Russell

Tony is an Endocrinologist and Director of the Department of Diabetes and Endocrinology at the Princess Alexandra Hospital, Brisbane.

In partnership with Prof Claire Jackson, Tony was instrumental in developing the innovative model of care managing complex type 2 diabetes in the community with up-skilled GPs at Inala Primary Care. Tony has also developed a Telehealth service for delivery of diabetes care to rural and remote areas in Queensland.

NOTES:

Jeff Flack

A/Prof Jeff Flack FRACP MM, Conjoint Associate Professor UNSW; Director, Diabetes Centre, Bankstown-Lidcombe Hospital.

Jeff is the past president of the Australian Diabetes Society and ably led the Australian National Diabetes Audit (ANDIAB) for more than a decade.

NOTES:

Peter Colman

Peter is Director, Diabetes and Endocrinology, Royal Melbourne Hospital.

Peter is a past president of the Australian Diabetes Society and has served on diabetes advisory boards to State and Commonwealth governments. Currently he is Editor-in-Chief of the Diabetes Management Journal and on the editorial board of the Diabetes Technology and Therapeutics Journal.

NOTES:

Michelle Robins

Michelle Robins has been working as a Credentialed Diabetes Educator for 22 years in services that have included tertiary hospitals and community health both in Victoria and Queensland.

Michelle has worked on 40 diabetes-related committees and working parties, presented at national and international conferences, more than 100 workshops and seminars and contributed chapters to several books. Michelle is currently employed as the Nurse Practitioner Diabetes at Northern Health and is member of the Deakin University Conjoint Academic staff.

NOTES:

Liz Obersteller

Liz Obersteller, is currently employed as Nurse Practitioner at the National Health Cooperative in Canberra ACT.

The NHC is a general practice providing care to approximately 26000 residents in the ACT across 5 practices. The NHC employs a multidisciplinary team of health professionals including general practitioners, psychologists, a physiotherapist, nurse practitioners, nurses and a dietician. In addition the NHC has relationships with an EP, a podiatrist and a respiratory sleep physician (attending the practices on monthly basis).

NOTES:

Gary Deed

Dr Gary Deed is a GP in Coorparoo, QLD, is a past President of Diabetes Australia and will bring his own personal experience with diabetes to the program. He is the National Chair of the Diabetes Special Interest group at the RACGP.

Gary is passionate in advocating and lobbying for better health outcomes for and on behalf of Australians with diabetes.

NOTES:

Wah Cheung

Prof Cheung is the Director of Diabetes & Endocrinology at Westmead Hospital and Clinical Advisor to the Western Sydney Integrated Care Project.

Wah is a former President of ADS and Chairperson of NADC.

NOTES:

Victoria Stevenson

Victoria Stevenson is an RN, RM, has a Grad Dip in Health Education and is a CDE. She is the Manager of Austin Health's Diabetes Education Services and Co-ordinator of the Islet Cell Transplant Program in conjunction with St Vincent's Hospital Melbourne.

Victoria's work includes a range of inpatient and outpatient services for all ages, health professional education, mentoring colleagues, development of a Diabetes Nurse Practitioner Candidate role, the Diabetes Transition project with the RDNS, and working with the local North East Primary Care Partnership to improve Diabetes care using an adult diabetes triage tool. Victoria is on the Boards of Mayfield Education, Deakin University and is a Director of Diabetes Australia Victoria.

NOTES:

Gloria Kilmartin

Gloria Kilmartin, RN, NP (Diabetes), MN, CDE, is an experienced credentialed diabetes educator and one of the few Diabetes Nurse Practitioners in Australia.

Gloria has 25 years of advanced clinical experience working within a multi-disciplinary team in metro and rural hospitals, home health, and primary care. The team Gloria leads at Goulburn Valley (GV) Diabetes Service is based at GV Health in Shepparton, Northern Victoria.

NOTES:

SUNDAY 26th October 2014

WORKSHOP 2	9.00–10.30am
TOPIC 3 Developing & Maintaining Diabetes Services	
Chair: Greg Fulcher - including presentation on Developing and Maintaining Diabetes Services (20 mins)	
Facilitators: Joel Iedema, Mark Kennedy	
Key Questions for Discussion	
How do we provide leadership and monitoring in regional areas?	
How do we support affiliate diabetes centres and other primary care services?	

10.30–10.50am **Morning tea**

TOPIC 4 Accreditation, education and excellence	10.50am–12.20pm	
Chair: Natalie Wischer		
Presentations	Centre	Speakers
NADC Accreditation	South Australia	Dr Elaine Pretorious
NADC General Care Course	Tasmania	Giuliana Murfet
IDF Centre of Education	RPA	Marg McGill
12.20–12.45pm	Conference Wrap Up	Sophia Zoungas

CHAIRS

Greg Fulcher

Dr Greg Fulcher is Senior Staff Specialist, and Director of the Department of Diabetes Endocrinology & Metabolism of the Royal North Shore Hospital of Sydney, Australia. He holds the academic title of Clinical Professor of Medicine at the University of Sydney.

Greg has an active clinical research program at RNSH with a special interest in diabetes models of care, cardiovascular disease in patients with diabetes, and new therapies in the management of diabetes complications.

Dr Fulcher is a member of the steering committee of the CANVAS and CANVAS R Studies and Chair of the Endpoint Evaluation Committee of the CANVAS Study and Blockade Studies.

He is a principal investigator on the following NHMRC funded projects: “APC in Diabetic Ulcers” and “Diabetes and Renal Disease; Models of Care”, and has particular interest in teaching.

Currently, Dr Fulcher is Network Director of the Chronic Medicine Network of NSLHD, Chair of the Clinical Council of NSLHD, member of the Steering Committee of the Endocrine Network of the ACI, member of the ACI Clinical Advisory Committee, Clinical Lead for Integrated Care for NSLHD and Clinical Liaison person for the ACI in NSLHD.

Natalie Wischer

Natalie currently holds several positions as well as Project Manager of the NADC.

Natalie provides clinical diabetes care across acute, residential aged care and community health at Yea Hospital where she also manages the Quality and Risk portfolio. She is also the ADS representative for MESAC (Medical Education and Scientific Advisory Council). Natalie is also the Executive Director of Australian Diabetes Online Services. She is a former ADEA board executive and NADC steering committee member.

Joel Iedema

Dr Joel Iedema is Director of the Department of Medicine at Redland and Wynnum Hospitals.

Joel is a consultant physician in Endocrinology and Clinical Pharmacology. He is an active member of various local, state and college-level committees and has an active professional interest in clinical design to achieve best patient outcomes.

NOTES:

Mark Kennedy

Dr Mark Kennedy is a General Practitioner from Geelong in Victoria.

Mark is Medical Director and majority owner of Northern Bay Health, a network comprising of 3 general practices and a community-based Integrated Diabetes Centre. He is an Honorary Clinical Associate Professor and is involved in primary care diabetes research at the Melbourne University Department of General Practice.

NOTES:

Elaine Pretorious

Dr Pretorius is the Divisional Director for Medical Sub-Specialties, Northern Adelaide Local Health Network.

Elaine has dual fellowships with the Royal Australasian College of Physicians as a General Physician and Endocrinologist and trained in South Africa and the United Kingdom. She came to Australia in 2004 and joined the Flinders Medical Centre, where she worked in the General Medicine, Reproductive Endocrinology and Endocrinology.

Elaine is currently undertaking a Master's degree in Health Management.

NOTES:

Giuliana Murfet

Giuliana is a Nurse Practitioner and CDE involved in diabetes care within both clinical and management roles in rural regional Tasmania.

Giuliana is a current Board Director and member of the Medical, Educational & Scientific Advisory Council.

NOTES:

Marg McGill

Marg McGill is an Adjunct Associate Professor with the Sydney Medical School and Sydney Nursing School, University of Sydney. She is Associate Director of the Royal Prince Alfred Hospital Diabetes Centre.

Marg led the successful application for the RPAH Diabetes Centre to become an International Diabetes Federation Centre of Excellence in Education for health. She was named in the 2011 Australia Day Honours List with the award of Order of Australia (AM) for her contribution to diabetes nationally and overseas.

NOTES:

BPDC Steering Committee 2014

Ashim Sinha – Director Diabetes Centre, Cairns Hospital.

Gloria Kilmartin – Diabetes Nurse Practitioner, Goulburn Valley, Shepparton.

Natalie Wischer – Project Manager National Association of Diabetes Centre.

Sof Andrikopoulos – NHMRC Senior Research Fellow, Austin Hospital.

Sophia Zoungas – Head, Diabetes and Vascular Research Program, Monash University.

BPDC Expert Writing Committee 2014

Ann O’Neil

Barbora DeCourten

Chris Nolan

Clement Lo

Gael Holters

Heather Hart

Jan Alford

Lorraine Marrom

Ralph Audehm

Vicki Mahood

Wendy Livingston



Attendance at AstraZeneca educational meetings is by invitation only and is limited to registered healthcare professionals.

The company seeks no commitment from external stakeholders to take any action as a result of the invitation or related support.

AstraZeneca Pty Ltd. ABN 54 009 682 311, 5 Alma Road, North Ryde NSW 2113.
216801.022, WL285312, October 2014