



17817

ANDA-AQSM 2018 Australian National Diabetes Audit - Australian Quality Self Management Audit

Section 1. Patient Demographics. Medical Record No., Site ID 000, Staff initials, 1.1 Date of birth, 1.2 Sex, 1.3 Date of visit, 1.4 Initial visit, 1.5 Aboriginal/Torres Strait Islander, 1.6 Interpreter required, 1.7 DVA patient, 1.8 NDSS member, 1.9 Country of birth.

Section 2. Diabetes Type & Management & Lifestyle Issues. 2.1 Year of diagnosis, 2.2 Type of diabetes, 2.3 Management method, 2.4 Physical activity sufficiency, 2.5 Have you had a flu vaccination, 2.6 Have you had a pneumococcal vaccination, 2.7 Smoking status, 2.8.1 Most recent HbA1c result, 2.8.2 Most recent HbA1c result.

Section 3. Medication Use. 3.1 Do you ever forget to take your medications?, 3.2 Do you usually take all your medications?, 3.3 Do you sometimes stop taking your medications when you feel better?, 3.4 Do you sometimes stop taking your medications when you feel worse?, 3.5 Are you using a complementary therapy or dietary supplement or over the counter (OTC) Rx?

Section 4. Health Professional Attendances. Has the patient attended any of the following in the last 12 months? 4.1 Podiatrist, 4.2 Diabetes Educator, 4.3 Dietitian, 4.4 Psychologist, 4.5 Social Worker, 4.6 Diabetes Specialist, 4.7 Ophthalmologist, 4.8 Optometrist, 4.9 Dentist, 4.10 Exercise Physiologist.

Section 5. Patient Self Care Practices. 5.1 Do you have difficulties following your recommended diet?, 5.1.1 I don't have enough time to prepare healthy meals, 5.1.2 It costs too much to eat well, 5.1.3 I don't know what foods are best to eat, 5.1.4 I eat out a lot and find it hard to eat well, 5.1.5 If Type 1 - it is too hard to count carbs/weigh food, 5.2 Do you check your blood glucose level as often as recommended?, 5.3 If you are on injectables or insulin, do you rotate your injection site?

Section 6A. BCD. Over the last couple of weeks has the patient been: 6A.1 Having restless or disturbed nights?, 6A.2 Feeling unhappy or depressed?, 6A.3 Feeling unable to overcome difficulties?, 6A.4 Dissatisfied with their way of doing things?

Section 7. Quality of Life Assessment. Part A: Self-assessment of health status. 7.1 Own health state rating (0-100), 7.2 Screening Scale Q1, 7.3 Screening Scale Q2. Part B: Diabetes Distress Scale 17 (complete if Screening Scale Q1 or Q2 is >= 3). 7.4 DDS 17 questionnaire completed, 7.4.1 Total DDS 17 Score, 7.4.2 Emotional Burden (A), 7.4.3 Physician-related Distress (B), 7.4.4 Regimen-related Distress (C), 7.4.5 Interpersonal Distress (D).